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Changing pattern of plant species utilization in relation to altitude and their relative prevalence in homegardens of Kumaun Himalaya, India

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ABSTRACT: The aim of the present study was to analyse the species utilization pattern and their relative prevalence in homegardens varying in size and altitude. Four sites were selected along an altitudinal gradient viz., very low (up to 350 m), low (350-700 m), mid (700-1500 m) and high altitudes (above 2000 m) in Kumaun Himalaya, India. At each altitude, homegardens were categorized into three size classes viz., large (above 0.007 ha), medium (0.004-0.006 ha) and small homegardens (up to 0.003 ha). Maximum species richness was recorded in large sized homegarden at all altitudes except mid altitude where maximum species was observed in medium sized homegardens. Across altitudes, maximum plant species (39) was recorded at mid altitude whereas minimum species (24) were present in high altitude homegardens. Amaryllidaceae was the most important family followed by Oxalidaceae across all the altitudes. In case of plant utilization pattern, maximum species were utilized as a medicine (44.23 %) followed by vegetables (26.66 %), fodder (18.1 %), miscellaneous (15.97 %), spices (13.97 %) and fruits (12.34 %). Among the species, *A. cepa* (1380) and *C. annuum* (1026) showed most prevalence whereas *S. cumini* (278) was the least prevalent species. Across the altitudinal gradient, mid altitude showed most (2341, 1330) relative prevalence whereas high altitude showed least (876, 0) relative prevalence for *A. cepa* and *M. indica*, respectively. Management practices and conventional activity could show a higher effect on species composition and their utilization pattern to improve food security and conserving plant genetic diversity in altitudes.

1. INTRODUCTION

Homegarden is smallholder farming system which combines trees with herb species and sometimes domestic animals around the homestead area. This system has wide socio-economic characteristics features with high species diversity (Pandey et al., 2002, 2006; Udofia et al., 2012), provide crop productivity and avoidance of environment risks (Galhena et al., 2013; Shoo, 2009). Food production and other products such as; timber, feedstuff, spices, medicinal purpose plants, ornamentals etc. increased resource availability, improve productivity, control disease risk, yield over the year for household member and also serve as sources of genetic diversity (Amberber et al., 2014; Vibhuti et al., 2017).

In India, many studies defined the role of homegardens in the human life of rural society, especially in terms of livelihood and economic significance (Das & Das, 2005; Gariya et al., 2016; Tangjang & Arunachalam, 2009). In the rural areas, farmers are mostly depend on their own homegarden product for livelihood. The effective integrated homegarden systems have a high potential to improve the crop productivity, maintain

stable supply of socio-economic products (Kahiluoto et al., 2014; Karki et al., 2021) and its contribution to household economic status in several ways (K. Bargali et al., 2018; Tynsong & Tiwari, 2010). Integration of trees with crops also plays important role in enhancing the farm productivity and resilience of households through provision of diversified products for sustaining livelihoods (S.S. Bargali et al., 2019; Lasco et al., 2014; Mbow et al., 2014).

Traditional homegardens support multilayered species strata like; trees, shrubs and herbs near household (B.M. Kumar & Nair, 2004), which provide the edible food, fodder, fuelwood, ornamental and other products (Chandrashekara & Bajju, 2010; Vibhuti et al., 2018). In addition, this system enhances the biodiversity, preserve the environmental and ecological benefits, nutritional security, soil conservation potential, mitigation of carbon dioxide emissions and job opportunity (V. Kumar & Tiwari, 2017; Padalia et al., 2022; Vibhuti et al., 2020). Ecological and socioeconomic factors including geographic area, weather, water accessibility, homegarden size, agricultural policy, market needs and household aspects are determining factors influencing the diversity

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and utilization of products obtained from the traditional homegardens (K. Bargali, 2016; Tesfaye & Desta, 2017).

In Kumaun Himalaya, farmers maintain conventional homegardens for subsistence production and income generation (Parihaar et al., 2014, 2015). It has a multifaceted flora with occupant plant species and produced useful outputs due to high species diversity (Padalia et al., 2015; Subba et al., 2017). Cultivation of plant species in homestead homegardens differed from place to place depending on the socioeconomic conditions of the farmers (Mendez et al., 2001). Therefore, a comparative study of different sized homegardens along an altitudinal gradient has been attempted in terms of species diversity, plant utilization pattern and their relative prevalence.

2. MATERIALS AND METHODS

2.1. Study area

The study was conducted in Kumaun Himalaya in Uttarakhand State of India. The study sites were selected in Nainital district between 300–2000 m above mean sea level (29°19'–29°28' N and 79°22'–79°38' E). Four sites were selected along an altitudinal gradient viz., very low altitude (up to 350 m), low altitude (350–700 m), mid altitude (700–1500 m) and high altitude (above 2000 m) (Figure S 1, Appendix A). At each altitude, homegardens were categorized into three size classes viz., large (above 0.007 ha), medium (0.004–0.006 ha) and small homegardens (up to 0.003 ha) and three replicates for each size class at each altitude were selected. Climatically the study area falls within sub-tropical to temperate zones.

2.2. Sampling Method

We have selected thirty-six homegardens from four altitudes (three homegardens of each size) on the basis of stratified random sampling. For phytosociology analysis, quadrat method was used and random quadrats of 10m × 10m size were laid for trees, 5m × 5m quadrat for shrubs and 1m × 1m quadrats for herbs in the selected sites (Curtis & Mcintosh, 1950). Plant species were identified with the help of vernacular name, flora, some relevant literatures and research papers (Gupta, 1968; Pande et al., 2016; Samant & Palni, 2000). Information regarding use of plants was collected through semi-structured questionnaire/interview from homegarden owners (Supplementary file 1, Appendix A). Utilization of the plant species were categorized on the basis of their primary uses.

2.3. Family Importance Value (FIV Index)

Family Importance Value (FIV) index is combination of richness, density and dominance. The FIV index was used to estimate the floristic composition at the species family level (Mori et al., 1983).

2.4. Relative prevalence (RP)

Relative prevalence (RP) of plant species was calculated following Zaman et al. (2010) as:

$$\text{Relative prevalence (RP)} = n_i/A \times f_i/F$$

Where, n_i = Number of specimen species i in homegarden, A = Area of homegarden, f_i = Number of homegardens in which species i is present, F = Total number of homegardens.

2.5. Statistical Analysis

Data and samples were collected from study sites. The data was compiled with help Microsoft Excel and for statistical treatment using the STATISTICA and SPSS software to prove the statistical significance of the results obtained.

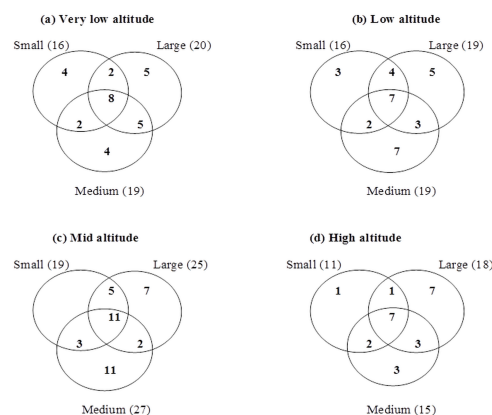


Figure 1. Average species richness in homegardens of Kumaun Himalaya.

3. RESULTS

3.1. Species composition and family importance value

A total number of 57 plant species belonging to 27 families were recorded. The homegardens of mid altitude (MA) supported maximum number of plant species (39) of which, medium sized homegardens (MHGs) shared 27 plant species followed by the large (25) and small (19) sized homegardens (LHGs, SHGs). At this altitude, 11 and 7 species present exclusively in MHGs and LHGs, respectively while 21 species were common in all sized homegardens (Figure 1). The high altitude homegardens (HA) supported lowest number of species (24 sp.) of which, LHGs contributed maximum (18 sp.) followed by MHGs (15 sp.) and SHGs (11 sp.). At this altitude, 1, 3 and 7 species were reported exclusively in SHGs, MHGs and LHGs, respectively while 13 species were common in all sized homegardens (Figure 1). The family importance value was recorded highest for family Amaryllidaceae (FIV=55.12). This family represented maximum number of species in all sized homegardens at all the altitudes followed by family Caryophyllaceae (FIV=27.71) in LHGs at low altitude (LA) and family Asteraceae (FIV =24.07) in LHGs at high altitude.

Family Ebenaceae recorded lowest family importance value (FIV=3.97) in MHGs at mid altitude (Table 1).

Table 1
Family Importance Value of homegarden species along the altitudinal gradient.

Altitudes	VLA	Family Importance Value												HA		
		SHGs	MHG's	LHG's	SHGs	LA	MHG's	LHG's	SHGs	MA	MHG's	LHG's	SHGs	LHG's	MHG's	LHG's
HG sizes																
Amaryllidaceae		44.10 (93)	46 (98)	45.14 (100)	48.36 (91)		52.98 (75)	55.12 (98)	53.43 (77)		26.78 (73)	41.47 (93)	50.07 (31)	30.13(27)	49.06 (59)	
Amaranthaceae		-	-	10.08 (14)	8.35 (5)		7.33 (4)	-	-		5.83 (08)	-	-	-	-	-
Anacardiaceae		6.69 (01)	5.80 (01)	5.35 (01)	6.64 (01)		6.40 (02)	5.72 (01)	8.66 (03)		3.97 (01)	4.36 (01)	-	-	-	-
Apiaceae		12.69 (19)	-	-	-		-	-	-		6.89 (12)	-	12.68 (3)	33.71 (44)	-	-
Asteraceae		9.69 (10)	9.11 (11)	11.54 (19)	23.55 (28)		22.41 (21)	20.70 (22)	24.07 (24)		13.64 (23)	9.76 (16)	-	-	9.04 (6)	-
Annonaceae		-	5.62 (01)	-	-		-	-	-		-	-	-	-	-	-
Equisetaceae		-	-	-	-		-	-	-		-	4.96 (05)	-	-	-	-
Brassicaceae		-	-	-	-		-	-	-		8.73 (05)	6.88 (08)	-	-	-	23.19 (12)
Caricaceae		6.58 (01)	5.46 (01)	5.35 (01)	-		-	-	-		-	-	-	-	-	-
Caryophyllaceae		-	13.92 (24)	10.96 (17)	12.96 (17)		10.36 (09)	12.22 (15)	18.22 (22)		22.37 (70)	11.32 (20)	17.63 (18)	18.07 (18)	27.71 (39)	-
Cucurbitaceae		7.25 (03)	12.33 (05)	17.10 (06)	-		18.04 (04)	12.34 (04)	7.65 (01)		4.23 (02)	4.72 (02)	22.28 (04)	23.69 (06)	11.26 (02)	-
Euphorbiaceae		-	5.62 (01)	-	-		-	7.08 (04)	-		-	4.36 (01)	-	-	-	-
Ebenaceae		-	-	-	-		-	-	-		3.97 (01)	-	-	-	-	-
Fabaceae		27.30 (44)	12.84 (21)	5.35 (01)	33.49 (53)		-	-	9.67 (05)		6.62 (11)	11 (08)	20.36 (20)	17.93 (18)	-	-
Malvaceae		12.13 (17)	10.73 (15)	9.67 (13)	15.66 (08)		-	8.59 (08)	-		5.38 (06)	9.16 (14)	-	-	-	-
Myrtaceae		-	-	10.35 (01)	-		6.40 (02)	-	-		-	-	-	-	-	-
Oxalidaceae		8.41 (06)	10.73 (15)	11.17 (17)	12.96 (17)		18.77 (24)	10.79 (14)	11.53 (12)		8.30 (17)	9.56 (15)	29.93 (20)	15.89 (15)	18.50 (23)	-
Plantaginaceae		-	-	-	9.41 (08)		-	6.73 (04)	6.92 (11)		11.22 (28)	9.64 (16)	-	-	-	-
Poaceae		50.37 (95)	27.31 (47)	32.60 (64)	12.96 (17)		8.47 (06)	31.75 (35)	15.24 (16)		15.19 (29)	19.08 (19)	-	13.83 (12)	26.94 (19)	-
Rosaceae		-	-	-	-		-	-	-		7.94 (02)	-	11.14 (02)	15.18 (03)	14.97 (07)	-
Polygonaceae		-	-	-	-		8.85 (06)	8.14 (06)	-		5.87 (08)	8.48 (12)	17.60 (20)	9.33 (04)	10.69 (09)	-
Rutaceae		-	-	-	-		-	-	-		3.97 (01)	8.72 (02)	-	-	-	-
Solanaceae		8.21 (05)	11.27 (17)	10.78 (64)	-		16.28 (10)	-	12.88 (11)		9.42 (21)	10.16 (06)	18.32 (08)	11.48 (08)	9.14 (06)	-
Sapindaceae		6.58 (01)	5.62 (01)	5.35 (01)	6.64 (01)		-	5.72 (01)	-		-	-	-	-	-	-
Tiliaceae		-	-	-	-		-	-	-		-	-	-	-	-	-
Violaceae		-	-	-	-		-	-	-		-	4.36 (01)	-	-	-	-
Zingiberaceae		-	17.62 (13)	9.21 (12)	9.01 (07)		23.71 (14)	14.16 (08)	10.69 (07)		5.83 (08)	12.32 (12)	-	10.76 (07)	-	-

SHGs, MHGs, LHGs=small, medium, large homegardens; VLA, LA, MA, HA= very low, low, mid altitude, high altitude (individual number of species in each family is given in parenthesis)

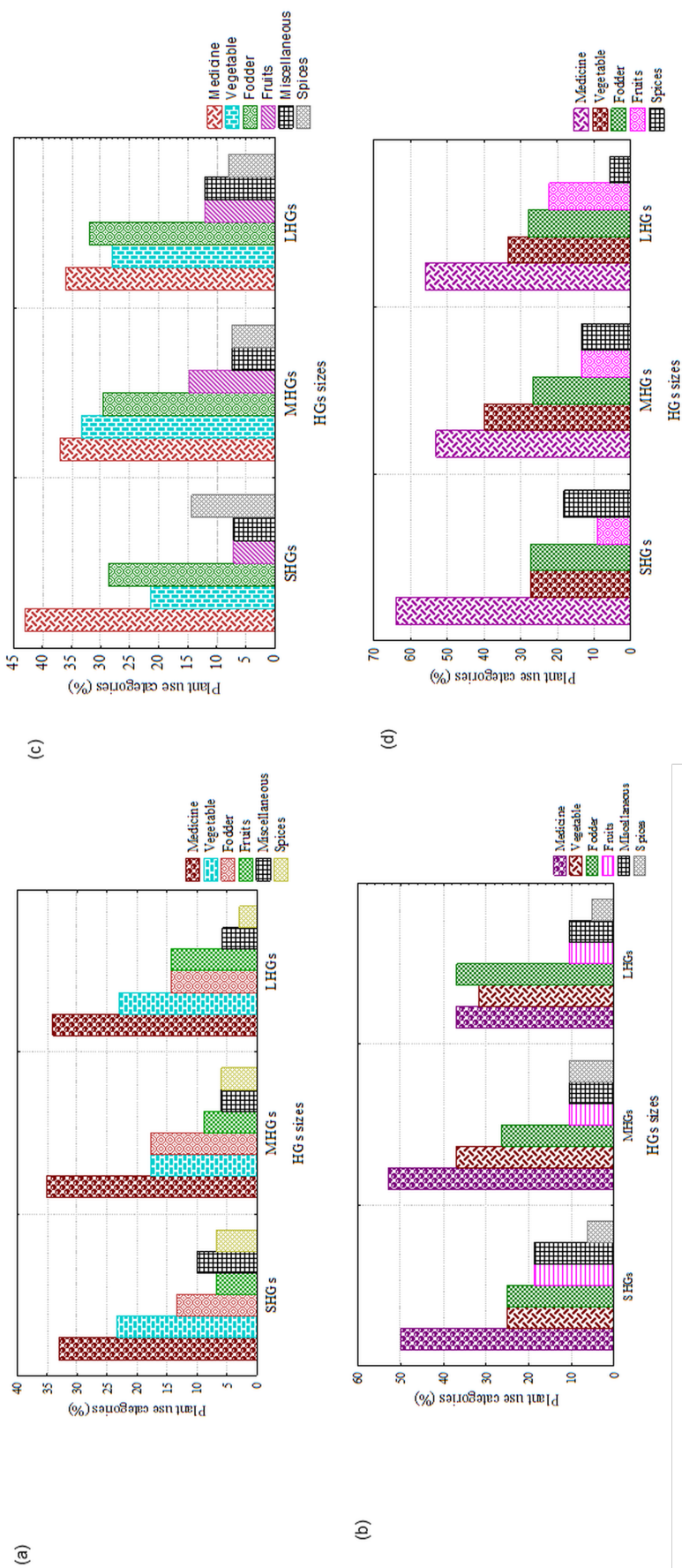


Figure 2. Plant utilization pattern of homegardens at very low(a), low (b), mid (c) and high altitude (d).

3.2. Utilization pattern of homegardens species and their relative prevalence

There were six different utilization categories on the basis of primary important needs viz fruit, vegetable, spice, medicinal, fodder and other miscellaneous product (oil yielding, building purpose materials and religious values). Plants of medicinal and edible (vegetables) categories were the most frequent component followed by fodder, fruits, spices and miscellaneous categories in different sized homegardens (Figure 2). At very low altitude, medicinal plant contributed maximum in MHGs while vegetable was maximum in SHGs. At low altitude, contribution of medicine and vegetable was higher in MHGs. At mid and high altitudes, contribution of medicine was maximum in SHGs while vegetables contributed maximum in MHGs (Figure 2).

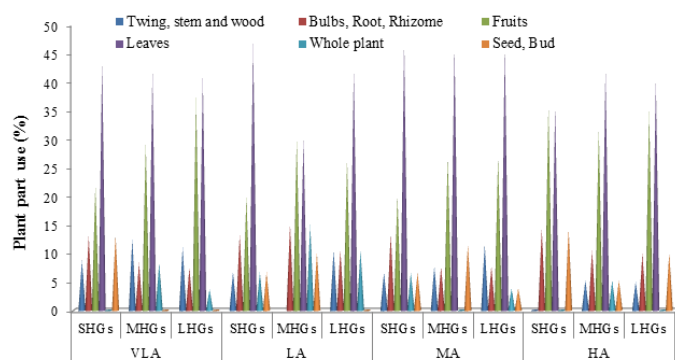


Figure 3. Plant part used in homegardens at different altitudes. (SHGs, MHGs, LHGs=small, medium, large homegardens, VLA, LA, MA, HA= very low, low, mid, high altitude)

Fruit species cultivation was highest in LHGs at high altitude (22.22 %) whereas least fruit species cultivation (6.67) was recorded in SHGs at very low altitude. In an average percentage of plant species were used as spices, in which maximum contribution was recorded in SHGs at mid altitude (14.29 %) and minimum contribution was observed in LHGs at very low altitude (6.67 %). Among the different spice crops, *C. sativum*, *C. longa* and *C. annuum* were frequently cultivated species. Other miscellaneous plant species like *C. dactylon*, *O. sanctum* and *M. indica* were considered important religious plants and used in various rituals (Figure 2).

Relative prevalence provides the importance of individual species in a particular area. Among the cultivated herbs, *A. cepa* was the most prevalent species in SHGs at mid altitude (RP=4666) whereas *A. esculentus*, *A. sativum*, *C. sativum* and *P. sativum* showed least relative prevalence value in LHGs at mid altitude (Table 2). For wild herb species, relative prevalence was maximally shared by *A. conyzoides* in MHGs and minimum (RP=1800) by *V. serpens* (RP=277) in LHGs at mid altitude. For cultivated trees species, *C. sinensis* was most prevalent (RP=1200) in MHGs while *C. limon* and *M. indica* were the least prevalent species in LHGs at mid altitude (RP=277) (Table 2). Mid altitudes showed the most

relative prevalence with a most utilizable species (Table 3). In the homestead homegarden, leaves were used in maximum by household member for own consumption followed by fruits, root, rhizomes, twig, stem, and seed at all the altitudes (Figure 3).

4. DISCUSSION

4.1. Status of homegardens plant species

According to Senanayake et al. (2009) species richness is influenced by homegarden size, managed by owners to fulfill their regular needs and for this they grow multipurpose plant species utilized for the different purposes. Yirefu et al. (2019) stated that utilization of homegarden product and their management can secure food productivity which determined by environmental factors and dietary habits as well as the socio-economic and market demands. In this study, the species richness showed significant positive correlation with homegarden size (Figure 4) at all the altitudes except mid altitude. In contrast, homegardens of Mexico (Rico-Gray et al., 1990) and Indonesia (Abdoellah et al., 2006) the numbers of species or individuals were not related to homegarden size. In the present study the mean species richness per homegarden ranged from 11 to 27. Martin et al. (2019) estimates 64 species/garden in the Southwest region of Sri Lanka and Kebebew (2018) observed 10 to 45 species in Arba Minch town, Southern Ethiopia. Across the homegarden sizes, species richness increased with increasing homegarden size except mid altitude homegardens where species richness was maximum in medium sized homegardens similar to the findings of Das and Das (2005). Family Importance Value indicated that across the altitudinal gradient, Amariyllidaceae was the most important family followed by Oxalidaceae (Table 1). These variabilities may be due to the changes in the procedure, plant life forms, topography and ecological factor.

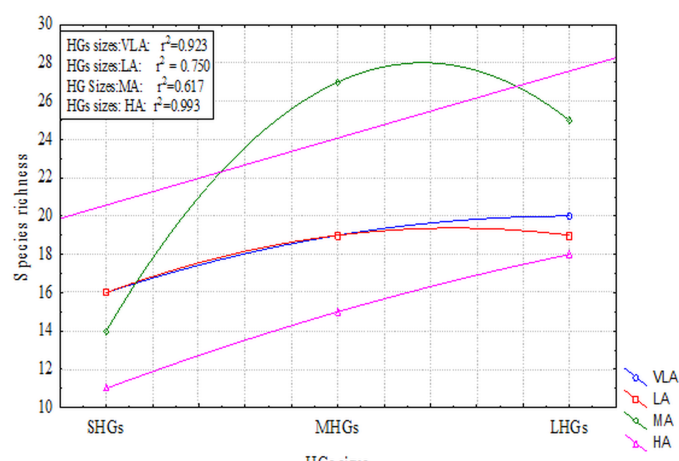


Figure 4. Regression equation showing relationship between species richness and homegardensize at different altitudes.

Table 2
Relative prevalence of different plant species in homegardens across altitudinal gradient.

Plant species	VLA			LA			MA			HA		
	SHGs	MHG	LHG	SHGs	MHG	LHG	SHGs	MHG	LHG	SHGs	MHG	LHG
Cultivated herb species												
<i>Abelmoschus esculentus</i> (Linn.) Moench	1185	1056	833	-	-	527.77	-	600	277.77	-	-	-
<i>Allium stracyes</i> Linn.	-	-	-	-	-	-	-	-	-	-	-	285.71
<i>Allium cepa</i> Linn.	1778	1056	833	1185.18	1266.67	791.66	4666.67	1800	555.55	1222	833.33	571.43
<i>Allium sativum</i> Linn.	1185	704	556	592.59	844.44		1555.56	1200	277.77	1833.33	833.33	571.43
<i>Amaranthus blitum</i> var. <i>oleracea</i> Hook.	-	-	278	592.59	-	-	-	600	-	-	-	-
<i>Brassica juncea</i> (Linn.)	-	-	-	-	-	-	-	-	-	-	600	-
<i>Brassica oleracea</i> var. <i>botrytis</i> Linn.	-	-	-	-	-	-	-	-	-	-	-	600
<i>Brassica oleracea</i> var. <i>capitata</i> Linn.	-	-	-	-	-	-	-	600	277.77	-	-	571.43
<i>Capsicum annuum</i> Linn.	-	704	556	-	422.22		3111.11	-	833.33	1833.33	833.33	571.43
<i>Colocasia esculenta</i> Schott	-	352	278	-	422.22	527.77	1555.56	-	277.77	-	416.67	-
<i>Coriandrum sativum</i> Linn.	593	-	-	-	-	-	-	600	-	611.11	416.67	-
<i>Cucurbita maxima</i> Duch. ex Lam.	-	-	-	-	-	263.88	-	600	-	611.11	416.67	285.71
<i>Cucumis sativus</i> Linn.	-	-	278	-	422.22	-	1555.56	-	277.77	-	833.33	285.71
<i>Curcuma longa</i> Linn.	-	352	-	592.59	422.22	263.88	1555.56	-	277.77	-	-	-
<i>Glycine max</i> (L.) Merr.	1185	-	-	592.59	-		-	-	-	-	-	-
<i>Lagenaria siceraria</i> (Mol.) Standl.	-	352	556	-	-	263.88	-	-	-	611.11	416.67	-
<i>Luffa acutangula</i> (Linn.) roxb.	593	352	-	-	422.22	-	-	-	-	-	-	-
<i>Momordica charantia</i> Linn.	-	-	-	-	422.22	-	-	-	-	-	-	-
<i>Pisum sativum</i> Linn.	-	-	-	1185.59		-	-	-	-	611.11	-	-
<i>Solanum tuberosum</i> Linn.	-	-	-		422.22	-	-	-	277.77	-	-	-
<i>Spinacea oleracea</i> Linn.	593	-	-	-	-	-	-	-	-	-	-	-
<i>Trigonella foenumgraecum</i> Linn.	593	-	-	-	-	-	-	-	-	-	416.67	-
<i>Zingiber officinale</i> Roscoe		-	-	-	422.22	527.77	-	-	-	-	-	-
<i>Vicia faba</i> L.	-	-	-				1555.56		277.77	-	-	-
Wild herb species												
<i>Achyranthes aspera</i> Linn.	-	-	-	-	422.22	263.88	-	-	-	-	-	-
<i>Ageratum conyzoides</i> Linn.	-	-	-	1185.18	844.44	791.66	-	1800	-	-	-	-
<i>Arabidopsis stricta</i> (Cambess.) Busch.	-	-	-	-	-	-	-	-	-	-	-	285.71
<i>Arthraxon hispidus</i> (Thunb.) Makino	-	1056	556	-	844.44	527.77	-	-	-	-	-	-
<i>Commelina benghalensis</i> L.	593	-	556	-	-	-	-	-	-	-	-	-

Continued on next page

Table 2 continued

<i>Cynodon dactylon</i> (L.) Pers.	3556	2815	1944	592.59	-	-	-	-	277.77	-	-	285.71
<i>Cyperus rotundus</i> L.	593	704	-	-	-	-	-	-	555.55	-	-	-
<i>Eleusine indica</i> (L.) Gaertn.	-	-	-	-	-	-	1555.56	600	277.77	-	416.67	-
<i>Equisetum debile</i> Roxb. ex Vaucher	-	-	-	-	-	-	-	600	-	-	-	-
<i>Euphorbia hirta</i> L.	-	-	-	-	-	263.88	-	-	-	-	-	-
<i>Galinsoga parviflora</i> Cav.	593	352	278	1185.18	1266.67	1055.5	3111.11	2400	1111.1	-	-	285.71
<i>Oxalis corniculata</i> Linn.	2370	1056	1111	2962.96	2111.11	1055.5	6222.22	2400	-	611.11	1250	1142.8
<i>Poa annua</i> Linn.	-	-	-	-	-	26388	-	600	-	-	-	-
<i>Polygonum nepalensis</i> Meissn	-	-	-	-	422.22	527.77	-	1200	833.33	611.11	416.67	571.43
<i>Stellaria media</i> L.	-	352	278	1185.18	844.44	791.66	4666.67	1200	833.33	1222.22	2083.3	1428.5
<i>Trifolium pretense</i> L.	-	352	-	592.59	-	-	-	1200	277.77	-	-	-
<i>Veronica anagallis</i> aquatica Linn.	-	-	-	592.59	-	263.88	1555.56	600	277.77	-	-	-
<i>Viola serpens</i> Wall. Ex. Roxb.,	-	-	-	-	-	-	3111.11	-	277.77	-	-	-
Fruit tree species												
<i>Achras sapota</i> L.	-	352	-	-	-	-	-	-	-	-	-	-
<i>Carica papaya</i> Linn.	593	-	278	-	-	-	-	-	-	-	-	-
<i>Citrus limon</i> (Linn.) Burm.f.	-	-	-	-	-	-	-	600	277.78	-	-	-
<i>Citrus sinensis</i> Linn.	-	-	-	-	-	-	-	-	277.77	-	-	-
<i>Diospyros kaki</i> Linn.	-	-	-	-	-	-	-	1200	-	-	-	-
<i>Litchi chinensis</i> Sonn.	593	704	278	592.59	-	263.88	-	-	-	-	-	-
<i>Malus domestica</i> Borkh.	-	-	-	-	-	-	-	-	-	-	-	285.71
<i>Mangifera indica</i> L.	1778	1056	556	592.59	844.44	263.88	3111.11	600	277.77	-	-	-
<i>Prunus persica</i> Linn.	-	-	-	-	-	-	-	600	-	-	416.67	285.71
<i>Prunus armeniaca</i> L.	-	-	-	-	-	-	-	-	-	-	416.67	285.71
<i>Prunus domestica</i> Linn.	-	-	-	-	-	-	-	600	-	611.11	-	285.71
<i>Psidium guajava</i> Linn.	-	-	556	-	422.22	-	-	-	-	-	-	-
<i>Syzygium cumini</i> (L.) Skeels	-	-	278	-	-	-	-	-	-	-	-	-
Fodder tree species												
<i>Ficus auriculata</i> Lour.	-	352	-	-	-	-	-	-	277.77	-	-	-
<i>Grewia optiva</i> J. R. Drumm. ex Burrett	-	-	-	-	-	-	-	1200	277.77	-	-	-

(SHGs,MHGs, LHGs=small, medium, large homegardens, VLA, LA, MA, HA= very low, low,mid altitude, high altitude)

Table 3

Relative prevalence of homegardenspecies in different altitudes.

Plant species	VLA	LA	MA	HA	Mean
Cultivated herb species					
<i>A. cepa</i>	1222	1081	2341	876	1380
<i>A. aspera</i>	-	343	-	-	86
<i>A. blitum var. oleracea</i>	278	593	600	-	368
<i>A. conyzoides</i>	-	940	1800	-	685
<i>A. esculentus</i>	1025	528	439	-	498
<i>A. hispidus</i>	806	686	-	-	373
<i>A. sativum</i>	815	719	1011	1079	906
<i>A. stracyes</i>	-	-	-	286	71
<i>A. stricta</i>	-	-	-	286	71
<i>B. juncea</i>	-	-	-	600	150
<i>B. oleracea var. botrytis</i>	-	-	600	-	150
<i>B. oleracea var. capitata</i>	-	-	439	571	253
<i>C. annuum</i>	630	422	1972	1079	1026
<i>C. esculenta</i>	315	475	917	417	531
<i>C. longa</i>	352	426	917	-	424
<i>C. maxima</i>	-	264	600	438	325
<i>C. sativum</i>	593	-	600	514	427
<i>C. sativus</i>	278	422	917	560	544
<i>G. max</i>	1185	593	-	-	444
<i>L. acutangula</i>	473	422	-	-	224
<i>L. siceraria</i>	454	264	-	514	308
<i>M. charantia</i>	-	422	-	-	106
<i>P. sativum</i>	-	1186	-	611	449
<i>S. oleracea</i>	593	-	-	-	148
<i>S. tuberosum</i>	-	422	278	-	175
<i>T. foenumgraecum</i>	593	-	-	417	252
<i>V. faba</i>	-	-	917	-	229
<i>Z. officinale</i>	-	475	-	-	119
Wild herb species					
<i>C. benghalensis</i>	575	-	-	-	144
<i>C. dactylon</i>	2772	593	278	286	982
<i>C. rotundus</i>	649	-	556	-	602
<i>E. debile</i>	-	-	600	-	150
<i>E. hirta</i>	-	264	-	-	66
<i>E. indica</i>	-	-	811	417	307
<i>G. parviflora</i>	408	1169	2207	286	1017
<i>O. corniculata</i>	1512	2043	4311	1001	2217
<i>P. annua</i>	-	264	600	-	216
<i>P. nepalensis</i>	-	475	1017	533	506
<i>S. media</i>	315	940	2233	1578	1267

Continued on next page

Table 3 continued

<i>T. pratense</i>	352	593	739	-	421
<i>V. anagallis-aquatic</i>	-	428	811	-	310
<i>V. serpens</i>	-	-	1694	-	424
Fruit tree species					
<i>A. sapota</i>	352	-	-	-	88
<i>C. papaya</i>	436	-	-	-	109
<i>C. limon</i>	-	-	439	-	110
<i>C. sinensis</i>	-	-	278	-	69
<i>D. kaki</i>	-	-	1200	-	300
<i>L. chinensis</i>	525	428	-	-	238
<i>M. domestica</i>	-	-	-	286	71
<i>M. indica</i>	1130	567	1330	-	757
<i>P. persica</i>	-	-	600	351	238
<i>P. armeniaca</i>	-	-		351	117
<i>P. domestica</i>	-	-	600	351	238
<i>P. guajava</i>	556	422	-	-	245
<i>S. cumini</i>	278	-	-	-	70
Fodder tree species					
<i>F. auriculata</i>	352	-	278	-	157
<i>G. optiva</i>	-	-	739	-	185

VLA=verylow altitude, LA=low altitude, MA=mid altitude, HA=high altitude

4.2. Plant utilization pattern

In the study area, homegarden species are used for primary and secondary needs of the family members and utilized as fruit, vegetable, medicine, timber, fuelwood, ornamental plant, sacred purposes and other miscellaneous purposes (Figure 5). Albuquerque et al. (2005) Albuquerque et al. (2005) reported the predominance of medicinal plants (26%) in homegardens of North-Eastern Brazil. Cui et al. (2000) also recorded that species of plants in traditional homegardens of China were utilized as: medicines (23%), vegetables (21%), fruits (19%), ornamentals (9%) and spices (7%). Dash & Misra (2001) Dash and Misra (2001) also observed that the vegetables and spices are the most edible cultivated plant in homegardens of Eastern Ghats of Orissa. Whereas Sunwar et al. (2006) reported vegetable and species are the most important utilising products in Nepalese homegardens. Blanckaerta et al. (2004) recorded 65.7 % ornamental, 29.6 % edible and 8.6 % medicinal plants in the homegardens of Mexico. These findings indicated that plant diversity was selected for cultivation in homegardens according to the requirements of the household. In our study, homegarden have a complex plant diversity from herbs to trees. The production of cultivated crops was consumed by family member and the local communities. The community also prefers the wild plants, fodder, wood and other miscellaneous uses from the homegarden system in small amount which is enough to them (Shukla et al., 2017; Vibhuti et al., 2019).

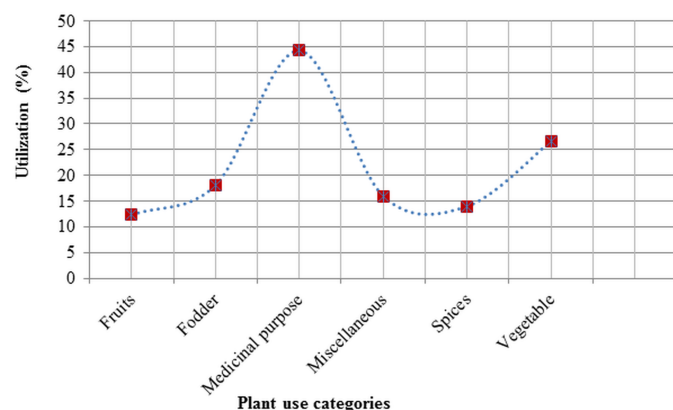


Figure 5. Percent utilization of different use categories of homegarden species.

4.3. Relative Prevalence of homegardens species

Percentage of homegarden comprising with a particular species, represents relative prevalence of that particular species in area. Cluster of homegarden species across the altitudinal gradient on the basis of their relative prevalence is presented in Figure 6. Among the species, *A. cepa* (1380) and *C. annuum* (1026) showed most prevalence whereas *S. cumini* (278) was the least prevalent species. Across the altitudinal gradient, mid altitude showed most (2341, 1330) relative prevalence whereas high altitude showed least (876, 0) relative prevalence for *A. cepa* and *M. indica*, respectively Table 3. Uddin et al.

(2002), reported red amaranth (RP=11690) and Indian spinach (RP=4606) as the most prevalent species in the homestead of Southeastern Bangladesh. The homegarden supply food especially for farmers in the rural areas because it could be maintained with low-cost input and diversified with high output.

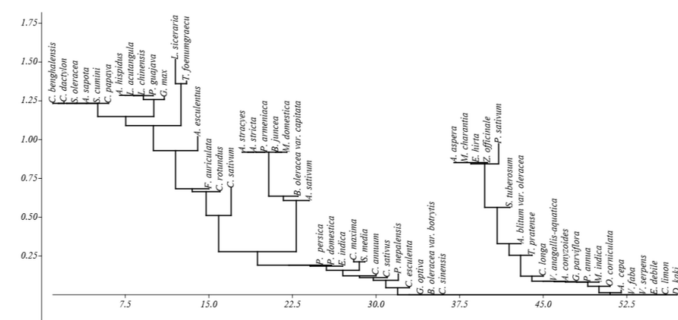


Figure 6. Cluster of homegarden species across the altitudinal gradient on the basis of their relative prevalence.

In this study, traditional homegardens of all villages possessed a multilayered vegetation structure. *M. indica*, *L. chinensis*, *C. papaya* and *F. auriculata* were the most frequent and dominant trees in very low and low altitudes, *Citrus sp.*, *D. kaki* and *G. optiva* trees were most common in mid altitude whereas in high altitude, *P. persica*, *P. armeniaca* and *M. domestica* were most dominant trees. Herb Plants like *A. cepa*, *A. sativum*, *C. sativum*, *C. maxima*, *L. siceraria*, *A. esculentus* and *C. esculenta* were cultivated as vegetable plants in majority of homegardens at all the altitudes. Medicinal plants have a various therapeutic properties were abundant in all household homegardens. Most wild species like *O. corniculata*, *S. media*, *C. dactylon*, *A. conyzoides* and *G. parviflora* were used as fodder in different altitudes. The presence of fodder trees and grasses has a crucial value, which resulted in increase in the number of livestock and decrease in the livestock forage cost and women drudgery.

5. CONCLUSIONS

In conclusion, home gardens are highly diverse with their utilization pattern in various ways. The socio-economic condition, management practice and the climatic factors were major determinant for farmer to enhance species diversity in homegarden systems. This study suggested that large sized homegardens are more efficient and more diversified than the small and medium sized homegardens at all the altitudes except mid altitude. Amaryllidaceae was the most important family in all the altitudes. High efficiency of utilized homegarden species was shared by medicinal plants and vegetables. Among the species, *A. cepa* and *C. annuum* showed most prevalence whereas *S. cumini* was the least prevalent species. Our study suggested that this traditional system should be recognized as potential unit to improve species composition, conserving plant genetic diversity and requires support to contribute food security in relation to altitude and homegarden size. Since homegardens are multipurpose systems provide important nutritional and health

benefits, therefore, should be encouraged and can be improved by proper management practices, cooperative and extension services.

CONFLICTS OF INTEREST

The authors declare no conflict of interest.

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A. APPENDIX, SUPPLEMENTARY INFORMATION

Supplementary information to this article can be found online at <https://doi.org/10.53365/nrfhh/144792>.

AUTHOR CONTRIBUTIONS

V- Collected the data and prepared the manuscript, KB - Helped in analysis of data and manuscript preparation, SSB- Helped in conceptualization, study design and reviewed the manuscript.

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